

Allergy information available on request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main</b>				
Macaroni Cheese	<b>NEW</b> Chicken Quesadilla	Roast of the Day with Roast Potatoes and Gravy	Beef Meatballs with Pasta	Fish and Chips
<b>Vegetarian</b>				
Chickpea and Spinach Curry with Rice	<b>NEW</b> Veggie Quesadilla	Vegan Quorn Fillet with Roast Potatoes and Gravy	Vegan Meatballs with Pasta	Veggie Plait with Chips
<b>3rd Options</b>				
Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw	Pasta with Tomato Sauce and Cheese	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw
<b>Vegetables</b>				
Broccoli, Sweetcorn	Mixed Peppers, Peas	Carrots, Cabbage	Cauliflower, Butternut Squash	Peas, Baked Beans
<b>Dessert</b>				
Apple Shortbread	Autumn Fruit Crumble with Custard	Chocolate Beetroot Cake	Fruit Jelly	Fruit Sorbet
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

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**MONDAY**

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**THURSDAY**

**FRIDAY**

**Main**

Veggie Wholemeal Pizza	Chicken Sausage with Mashed Potatoes and Gravy	Roast of the Day with Roast Potatoes and Gravy	Chicken Tikka Curry with Rice	Fish and Chips
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**Vegetarian**

Cauliflower Korma with Rice	Vegan Sausage with Mashed Potatoes and Gravy	<b>NEW</b> Vegetable Wellington with Roast Potatoes and Gravy	Chinese Veggie Noodles with Edamame	<b>NEW</b> Falafel and Sweet Potato Hummus with Chips
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**3rd Options**

Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw
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**Vegetables**

Green Beans, Carrots	Broccoli, Peas	Carrots, Swede	Mixed Vegetables	Peas, Baked Beans
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**Dessert**

Mandarin Cheesecake	Fruit Jelly	Autumnal Iced Cake	Fruit Cookie	Fruit Sorbet
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt

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**NEW**

**Main**

Red Pepper, Cannellini Beans, and Spinach Noodles

Beef Burger with Wedges

Roast of the Day with New Potatoes and Gravy

BBQ Chicken with Rice

Fish and Chips

**NEW**

**Vegetarian**

Mediterranean Wholemeal Pitta Nachos

Vegan Burger with Wedges

Lentil Shepherdess Pie

Veggie Chilli with Rice

Veggie Nuggets with Chips

**3rd Options**

Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw

Pasta with Tomato Sauce and Cheese

Jacket Potato with Baked Beans, Cheese, Tuna Mayo, or Coleslaw

Pasta with Tomato Sauce and Cheese

Jacket Potato with Baked Beans, Cheese, Salmon Mayo, or Coleslaw

**Vegetables**

Mixed Vegetables

Sweetcorn, Broccoli

Carrots, Parsnips

Green Beans, Cauliflower

Peas, Baked Beans

**Dessert**

Chocolate Crispy Cake

Jelly

Raspberry and Coconut Flapjack

Autumn Eton Mess

Fruit Sorbet

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt

Fruit/Yoghurt



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