

PARKSIDE ACADEMY MOSSBOURNE

Date Mar 3rd, Mar 24th, Apr 14th, May 5th, May 26th,
Jun 16th, Jul 7th, Jul 28th

WEEK 1

MONDAY

Tomato Pasta (GL)
Margherita Pizza with Rainbow Slaw (GL,MI)
Veg of the Day - Green Beans
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Shortbread (GL) or Fresh Fruit

TUESDAY

Beef Burger in a Bun with Potato Wedges (GL,SO,SU,SE)
Vegetable Noodle Stir Fry (GL,EG,SO)
Veg of the Day - Sweetcorn
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Apricot Sponge with Custard (GL,EG,MI) or Fresh Fruit

WEDNESDAY

Roast Chicken with Potatoes, & Gravy (SU)
Cheesy Potato Filo Pie (GL,MI)
Veg of the Day - Carrots & Broccoli
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)
Lemon Drizzle Cake (GL,EG) or Fresh Fruit

THURSDAY

Beef Bolognaise Pasta Bake (GL,MI)
Veggie Mince Pasta Bolognaise (GL,SO)
Veg of the Day - Carrots & Green Beans
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Apple Crumble with Custard (GL,MI) or Fresh Fruit

FRIDAY

Fish Fingers with Oven Baked Chips (GL,FI)
Veggie Burger in a Bun with Oven Baked Chips (GL,SE)
Veg of the Day - Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Fruity Flapjack (GL) or Fresh Fruit

Date Mar 10th, Mar 31st, Apr 21st, May 12th,
Jun 2nd, Jun 23rd, Jul 14th

WEEK 2

Beef Meatball Mac n Cheese (GL,MI)
Mac n Cheese (GL,MI)
Veg of the Day - Sweetcorn & Green Beans
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Oaty Biscuit (GL) or Fresh Fruit

Halal Chicken & Beef Sausage with Mash & Gravy (GL,SU,SO)
Mild Vegetable & Chickpea Curry with Steamed Rice
Veg of the Day - Carrots & Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Rice Pudding with Fruit Compote (MI) or Fresh Fruit

Roast Turkey with Potatoes & Gravy (SU)
Veggie Sausage Roll with Potatoes (GL,SU,SO)
Veg of the Day - Sweetcorn & Broccoli
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)
Eve's Pudding with Custard (GL,EG,MI) or Fresh Fruit

Mild Chicken & Chickpea Curry with Steamed Rice
Vegetable Masala with Steamed Rice
Veg of the Day - Carrots & Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Vanilla Cookie (GL) or Fresh Fruit

Fish Fingers with Oven Baked Chips (GL,FI)
Veggie Burger in a Bun with Oven Baked Chips (GL,SE)
Veg of the Day - Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Salmon (FI)
Ice Cream (MI) or Fresh Fruit

Date Feb 24th, Mar 17th, Apr 7th, Apr 28th, May 19th,
Jun 9th, Jun 30th, Jul 21st

WEEK 3

Tomato Pasta (GL)
Margherita Pizza with Rainbow Slaw (GL,MI)
Veg of the Day - Green Beans
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Banana & Spice Cake (GL,EG) or Fresh Fruit

Beef Cottage Pie (GL)
Veggie Cottage Pie (GL,SO)
Veg of the Day - Carrots & Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Pear Crumble with Custard (GL,MI) or Fresh Fruit

Roast Chicken with Potatoes & Gravy (SU)
Cheese & Tomato Quiche (GL,EG,MI)
Veg of the Day - Sweetcorn & Broccoli
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)
Chocolate Cookie (GL) or Fresh Fruit

Mexican Chicken with Cajun Spiced Mixed Vegetable Rice (MU)
Veggie Bean Chilli with Mixed Vegetable Rice (GL,SO)
Veg of the Day - Carrots
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Carrot Cake (GL,EG,MI) or Fresh Fruit

Fish Fingers with Oven Baked Chips (GL,FI)
Veggie Dippers with Oven Baked Chips (GL)
Veg of the Day - Peas
Tomato Pasta (GL)
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)
Blueberry Muffin (GL,EG,MI) or Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

BREAD CONTAINS - GL - MI - EG - SO

ALLERGY KEY
CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

The Pantry